

**THE SOUTH AFRICAN SPINE SOCIETY**

**7th Annual Congress**

**16 - 18 June 2005**

**Bloemfontein**



**ABSTRACT BOOKLET**

# MYOFASCIAL MIMICRY OF NERVE ROOT, FACET-AND VISCERAL PAIN DIAGNOSIS

**Dr Ashton Vice**

London Spine and Joint Clinic

14 Norfolk Place

London W2 1QJ UK

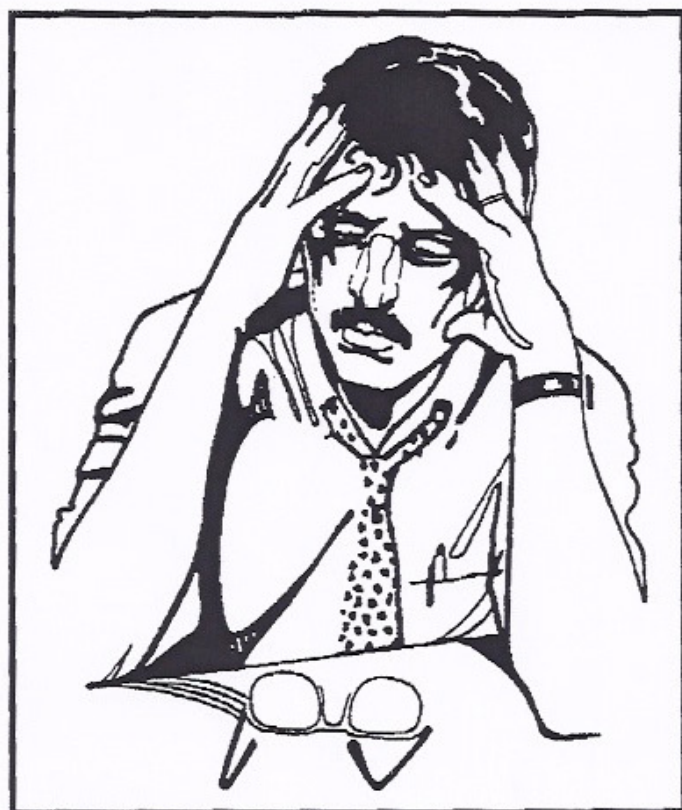
Email: saukuae@yahoo.co.uk

Reviewing the paper titles of the last 3 South African Spine Society Conferences, totalling roughly 65 hours of lectures, the observation was made that not a single paper dealt principally with the role of muscles in back or neck pain diagnosis.

Skeletal muscle is the largest single organ in the body, comprising 40% or more of the human body weight. It is ironic then that no single paper was presented with specific reference to the differential diagnosis of myofascial pain in the lower back and its mimicry of root, facet and visceral pain. Specific myofascial syndromes are presented.

Keywords: myofascial mimicry, nerve, facet, visceral pain. lower back pain.

*Myofascial*  
*Differential Diagnosis*  
*of*  
*Periocular Pain*



**Vision Africa**

**Gallagher Estate • Midrand**

**5 -7 march 1997**

*Hosted by the*  
*South African Optometric Association*

*Presented by; Dr Ashton Vice. B.Sc. DC (USA) Cert.Ac. (Illinois)*



## The London Sports Injury Clinic Symposium

Thursday 4 December 2014

108 Harley Street, London W1G 7ET  
Registration **6.00pm** Commence **6.30pm**

### Effective Management of Back Problems!

Chairman - **Dr Ken Kennedy**

*Speakers:*

Therapeutic exercise for low back pain - when and why

**Thomas Dekkers**  
*Musculoskeletal Physiotherapist*

Known and unknown - low back pain diagnosis and treatment - the multi-disciplinary approach

**Dr Ashton Vice**  
*Doctor of Chiropractor, London Spine and Joint Clinic*



Get up and move - towards functional back pain imaging

**Dr Simon Bleese**  
*Consultant Spinal and Musculoskeletal Radiologist*

108

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LONDON W1G 7ET

Using the latest technology to examine back pain

**Dr Ralph Rogers**  
*Consultant in Sports & Musculoskeletal Medicine; Medical Director at The London Sports Injury Clinic*

#### Q & A on topics of the night

To book your place please contact  
Michelle Garrity on **0207 563 1234**  
or [click here to email](#)



*Please note that The Royal College of GPs has indicated that attendance would count towards annual CPD requirements and that all 108 Medical Chambers symposia are free of charge.*

**108 Medical Chambers at 108 Harley Street is a consultant-led and delivered independent clinic. We offer the highest standards of professional care with minimal delay, in relaxing and friendly surroundings and with fees charged in accordance with insurance company guidelines.**

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## A Few Points

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Prepared For :

S.A. Medical Acupuncture Association  
A three day seminar  
High Rustenberg Hydro  
Stellenbosch  
October 1988

Ashton Vice

# MYOFASCIAL PAIN

Fundamental Concepts & Workshop on:



PERI OCULAR PAIN



LOWER BACK PAIN

Presented to:

DEPARTMENT OF ORTHOPAEDICS  
FRERE HOSPITAL  
EAST LONDON

25.02.2002

By:

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B.C.A. No. 1143

# **THE SOUTH AFRICAN SPINE SOCIETY**

**7th Annual  
Congress**



**16 - 18 June 2005**

**BLOEMFONTEIN**



# The Imperial College, London

## The Annual Imperial London Spine Course

### Programme

24<sup>th</sup> - 26<sup>th</sup> October 2007

### Venue

The Royal Society of Medicine,  
London

### Day Two

#### Strategies in Back Pain Management

- 09.00 Back Pain Patient Pathways  
09.20 Functional Restoration  
09.40 Chiropractors & Back Pain  
10.00 Injection Therapies for Radiculopathy  
10.15 Pain Management

#### Miss Elaine Buchanan

Mr John Powell  
Miss Elaine Buchanan  
Dr Ashton Vice  
Dr Keith Bush  
Dr Chris Jenner

#### 10.30 Refreshments

#### Minimally Invasive Spine Surgery

- 10.45 Minimally Invasive Posterior Lumbar Spine Surgery  
11.00 Minimally Invasive Cervical Spine Surgery  
11.20 Minimally Invasive Anterior Lumbar Surgery  
11.40 Lumbar Endoscopic Micro-Decompression  
12.00 Interspinous Distraction Procedures

#### Mr John Sutcliffe

Mr Khai Lam  
Mr John Sutcliffe  
Mr John Webb  
Dr Jean Destandau  
Mr Tim Bull

#### 12.30 Lunch & Team Photograph

- 13:30 Why Cervical Disc Replacement?  
13:50 Lumbar Disc Replacement Experience  
14:20 Indication for Dynesis  
14:40 Indications for Nucleoplasty in the Lumbar Spine

Mr Mo Akmal  
Mr Ian Shackelford  
Mr John Sheppard  
Mr Ahmed Hussainb

#### The Dynamic Spine

- 15.00 The Future of Spine Surgery

Mr John Sheppard  
Professor Michael Mayer

#### 15.15 Refreshments

- 16.00 Demonstration: Examination of Spine  
for FRCS (Orth)  
16.30 Presentation of Problem Cases

Mr Mo Akmal  
by Delegates & Faculty

#### 18:00 Course Dinner